

FIT ME HEALTH & **WEIINESS BOX**







DERMAGLIDE SCRAPPING AGE DEFYING BEALITIEIER



TONOVITA MASSAGE GUN-WELLNESS & REJUVENATION REDEFINED

Safety Precautions



Warnings

- 01. If you have the following symptoms, please consult a doctor first, and use it under the guidance of your
- Those who use medical electronic devices such as pacemakers that are embedded in the body.
- Those who are being treated by a doctor, and not feeling
- Patients with malignant tumors, acute diseases, heart disease, severe hypertension....etc.
- Pregnant women or those who are during menstruation.
- Patients with Osteoporosis and vertebral fractures
- People with traumatic skin irritation.
- People with a body temperature of 100F/38C or higher (experiencing a fever).
- People with intellectual disabilities or minors must use it under the supervision of a person that's not cognitively
- Patients with infectious diseases, metal built-in due to limb replacements or metal imbedded for medical reasons. Not to be used by anyone who has had heart surgery of any type or is wearing a heart pacer.
- Patients taking medication
- 02. When the product is operational, it will eventually start to heat up; its surface will heat up.

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Safety Precautions



- 03. The battery used in this product is a dedicated rechargeable battery, which cannot be used in other products. Do not charge the removed rechargeable battery
- 04. Keep the removed rechargeable battery out of the reach of infants to prevent accidental swallowing. In case of accidental swallowing, please seek medical attention immediately
- 05. Do not pierce with nails, shock forcefully or dismantle the product.
- 06.Do not connect the positive and negative poles of the battery directly with metal.
- 07 .When the battery fluid gets into the eyes, there is a danger of blindness. Do not rub your eyes directly with your hands. wash them with clean water immediately, and seek medical
- 08 .When the battery leaks, do not touch the liquid you're your bare hands to prevent personal injury
- 09. The product can only be decomposed when it is discarded Failure to observe this may lead to accidents such as fire. electric shock, injury, etc. If you need to repair (except for battery replacement), please consult the store where you purchased the product
- 10. The lithium-ion battery used in this product is a valuable resource that can be recycled and regenerated. Please take it out when it is used up and discard it, and hand it over to a professional organization that can recycle and regenerate rechargeable batteries for safe disposal.

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Safety Precautions



11 The battery must be removed from the appliance before disposing of the appliance. The appliance must be switched off when the battery is removed.

Prohibitions

- 01. Children are not allowed to play or use this product.
- 02. Do not use the product on the head, neck or near the heart, it may be life-threatening.
- 03. Please "Only Use" after checking with your doctor or medical professional in order to prevent possible injury to yourself in case of underlying medical conditions that you
- 04. If the power cord is damaged, stop using it, do not bend or knot the power cord excessively
- 05. If the product accidentally falls into the water, it must be sent for repair, otherwise it cannot be used
- 06. Do not place fingers, hair or other parts of the body near the shock shaft exit
- 07. Do not use this product in case of aneurysm, bleeding, use of blood thinners, etc.
- 08. If you want to use this product in the event of muscle damage, you should consult your doctor before using it.
- 09. It is prohibited use in sensitive areas: head, face, cervical spine, spinal vertebrae, heart and near-heart areas.
- 10. Within 90 days of internal fixation, the product is prohibited from being used within 3inches of internal fixation.

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Safety Precautions



- 12. Use with caution in the following groups:
- Use with caution in patients with abnormal blood pressure:
- Pregnant women, women in gestation period, lactation period and menstrual period and babies should be used with caution.
- Patients with high fever (over 100 F / 38C), please follow the doctor's advice before use.
- 13. If you have any of the following conditions, please consult a doctor before use:
- Patients who are being treated by a doctor and is not feeling
- · Patients with cardiac and cranial nerve abnormalities;
- · Patients with skin sensory disturbances or skin abnormalities;
- · Patients who cannot express their wishes freely:
- 14. Do not use while bathing
- 15. Do not use while driving, cycling, etc..
- 16. Do not use on bones, use this product only on soft tissues of the body without causing pain or discomfort.
- 17 Do not use immediately after meals to avoid discomfort
- 18. Do not use this product while intoxicated or unwell.
- 19. Do not use during lightning strikes.
- 20. Do not wipe the product with gasoline, Tianna water, etc., do not spray insecticides on it.
- 21. Do not use it where the temperature is higher than 40°C or place it with flammable goods and in high temperature environment.

Safety Precautions



- 22. Do not use it where the temperature is below S°C/0°C, it may increase friction of the parts and affect battery life.
- 23. When using the product, do not smoke to avoid fire.
- 24. Do not use the product on private parts.
- 25. It is forbidden to put the product into the fire or near the
- 26. Do not use it in a humid environment to prevent the product from being damp and causing electric leakage and personal injury.
- 27. It is forbidden to drop this product intentionally.
- 28. Please dispose of the packaging properly to avoid accidents and keep it out of the reach of children
- 29. Do not press the internal organs when using, otherwise it may cause an accident or cause physical discomfort.
- 30. Do not use it on the same part for a prolong amount of time, therwise it may cause physical discomfort
- 31. The product must never be disassembled, repaired, or modified except by our company's repair technicians. If you have any questions, please contact the dealer
- 32. Do not use this product outside of its intended use purposes as describe in the Manual, otherwise accidents and malfunctions may occur

Highly Recommended Safety Precautions:

- 01. It is advisable to use it for no more than 10 minutes each time.
- 02. Do not place heavy objects on the product, or operate the product with wet hands, or use or place it outdoors.

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Safety Precautions



- 03 When using, do not cover the product with a blanket, so as not to cause burns to the user due to overheating, or even cause a fire
- 04 Do not block the ventilation holes of the product. otherwise the internal temperature may be too high and cause damage. Do not drop small objects into the opening of the product.
- 05. When cleaning it, never put the whole product in water or other solutions
- 06. If the product is moved from a low temperature to a warmer place for use, the normal operation of the product will often be affected by the accumulation of water vapor in the parts, or even cause the failure of the parts. After taking it out, it is recommended to leave it in a room of normal temperature for one hour before use.
- 07. Do not use unapproved or incompatible batteries or power sources, which may cause a fire and other hazards.
- 08. Please use the adapter that came with the product, otherwise it will affect the life of the product.
- 09.Do not use for therapeutic purposes, do not use other therapeutic instruments with this product at the same time
- 10. In case of power failure, please turn off the switch to avoid danger during use
- 11. If you feel that the product mechanism is faulty or abnormal during use, please stop using it immediately.
- 12 During use, if physical abnormalities appear, please stop using it immediately and consult a doctor.

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★ Persons who are not suitable to use this product This product is not recommended for use by persons (including children) with limb disorder, sensory or mental

disabilities or lack of relevant experience and knowledge unless they are supervised and instructed by someone responsible for their safety.

WARNING*: The use of this product can result in serious or fatal injury if not properly used as outlined in the user's instruction manual. Risk of injury can be lessened when safe techniques and common sense are practiced. Do Not use this product without first fully reading the user's instructions or supervision or without first consulting your physician. Always check equipment for worn or damaged parts before using. If any defects are found, do not use this product.

*Medical Disclaimer: Please consult with your physician before using this product. You should be in good physical condition, not under the influence of any alcohol or under the influence of any medications to use this product. The information provided in this manual is not intended to be a substitute for professional medical advice, diagnosis or treatment

IF THERE ARE ANY ISSUES WITH YOUR ORDER, PLEASE EMAIL US AT info@majisports.com. PLEASE DO NOT REACH OUT TO THE VENDOR REGARDING

YOUR ORDER OR ANY PRODUCT PROBLEMS WE ARE HERE TO ASSIST YOU EVERY STEP OF THE WAY.